



Living with Cancer Resources & Support

June 2021

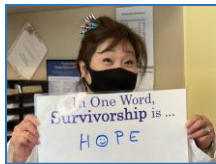
[The Harry J. Duffey Family Patient and Family Services Program](#)

410-955-8934



We celebrate our survivors every day and especially in [June](#)! This year we in the Kimmel Cancer Center are creating our own [music slide](#) show, featuring our favorite local musician, [Jae Jin](#).

You also will see SKCCC staff with their own unique encouragement and celebration!



Watch our SKCCC social media sites beginning soon!



Twitter.com/[hopkinskimmel](#)
Instagram.com/[hopkinskimmel](#)
Fb.com/[hopkinskimmel](#)
YouTube.com/[hopkinskimmel](#)

For information from our Cancer Support Colleagues who provide amazing **programs at no charge**:

[Wellness House](#) of Annapolis – 410-990-0941
admin@annapoliswellnesshouse.org

[Hope Connections](#) – 240-714-4744
info@hopeconnectionsforcancer.org

[HopeWell Cancer Support](#) – 410-832-2719
info@hopewellcancersupport.org

[Smith Center](#) for Healing and the Arts – 202-483-8600
info@smithcenter.org – Featured programs for [June](#).

[Claudia Mayer/Tina Broccolino Cancer Resource](#) Center – [Email](#) Chris or call 410-740-5858

Free webinar: [Help Paying for Care](#)
June 22, 2021, 12 noon – 1:30 pm
Sponsored by [Triage Cancer](#)



Cancer is expensive! The webinar will cover how to keep out-of-pocket costs low, where to find financial assistance & how to get creative with accessing financial support. For survivors, caregivers, staff!

[Triage Cancer](#) tiene varios recursos disponibles en español as well as in [English](#) – videos, webinars, guides – on many different topics affecting you and your life.

A Gift to your Family ...



A [Health Care Advance Directive](#) allows you to name the decision-maker of your choice in the event you cannot make your own decisions about medical treatment. This **free** gift is available to all!

Call **410-955-8934** today to speak with a **social worker** about an [advance directive](#), living will and selecting a health care agent – today! You also can find the forms for your [state](#).

Looking for a Support Group?

Our Cancer Support colleagues offer virtual support groups for [men](#), women, young people, caregivers, [newly diagnosed](#), [advanced cancer](#), readers, [knitters](#), and by [disease group](#)! Click the links for info about these & more!

Don't miss the newsletter!

[Sign-Up](#) for Cancer-related survivorship programs and resources! Each month you will receive this newsletter and possibly other great opportunities to participate in programming!

[How Immunotherapy is Reshaping Cancer Patient Survivorship Experiences](#)

June 23, 2021, 1:00 – 2:00 pm

Sponsored by [Cancer Research Institute](#)



Patients & caregivers will talk about life after immunotherapy clinical trials and how to manage side effects and continue their self-advocacy, education and relationships with their care team – free webinar!

[Caring for Your Loved One with Cancer](#)

June 8, 2021, 1:30 – 2:30 pm

Sponsored by [CancerCare](#)



CancerCare also offers workshops, [Cancer Out Loud podcast](#), and [connections](#) to many resources.

Mind * Body * Soul

How about [virtual sessions](#) at a variety of times: Gentle Stretch or Yoga, weekly prayer circle, meditation and mindfulness for stress reduction. Ever wanted to try [Pilates](#), [Tai Chi](#) or weekly [Energy Balancing](#) – here is your chance to explore. (Each will lead you through the required sign up process.)

MONEY MATTERS



Financial Advocates are the ready to speak to you at [CCCSMD](#), a non-profit group that offers counsel on debt repayment solutions, as well as access to free web-based workshops on a variety of topics, such as [“Managing Finances in Uncertain Times”](#) June 10 at noon; [Scams & Identity Theft](#) on June 8 at noon; and [budgeting](#) June 2 at noon.

Check the CCCSMD [website](#), or call 1-800-642-2227.

Doors Open!

[Wellness House](#) in Annapolis is opening its doors to members (join for free) **by appointment** -- including up to 6 free counseling sessions for those impacted by cancer – including family members – with a licensed clinical social worker. Other services such as massage, reiki and support groups are also being scheduled. Call Kris at 410-990-0941 or [email](#) for information and/or appointments.



Online Information (click web link)

[Ulman Fund for Young Adults](#) – [guidebook](#), social media, resources (including [scholarships](#)), [Q&A](#) [CancerCare](#) – for helpful resources, info, online groups [Leukemia & Lymphoma Society](#) – news, updates, live chat, community support, financial support options [National Comprehensive Cancer Network](#) – patient and caregiver resources by topic, in various languages



[Register](#) for the virtual run/walk as an individual or part of a team – Sunday, June 6 at 8:00 am – entry fee is \$40.

Programs for Children!

A cancer diagnosis in the family is a critical juncture in a young person's life! Since 1995 [HopeWell Cancer Support](#) has offered programs for families with children aged 5 and over, including support groups for teens and yoga for families. Call 410-832-2719 or [email](#) for more info.



Free EPIC Experience Virtual [Cancer Camp](#) for Survivors, Thrivers and Caregivers 18+ Free virtual camps every week, including campfire chat. A free camp in Colorado for Hodgkin Lymphoma patients (a few spots open) will be **July 22-28, 2021** – contact Nancy asap for details at nancyf@epicexperience.org