



Living with Cancer Resources & Support

June 2022

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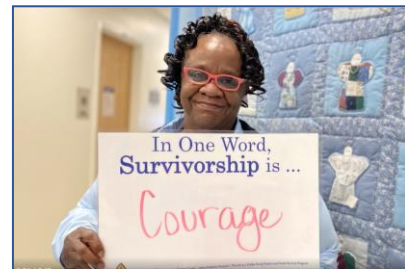
Monthly Awareness

- [Cancer Immunotherapy](#)
- World [Kidney Cancer Day](#)



June is also [National Cancer Survivors Month](#). Read about various survivorship [issues](#). Remember, you are a survivor from the day of your diagnosis!

We celebrate survivors at SKCCC!



Every day is Survivors Day in our Cancer Center! View the [2021 tribute](#), and you soon will receive the link to the new 2022 video, featuring our staff as well as survivors - and the hopeful music "Dance with Me" by [Jae Jin](#), singer songwriter.

Engaging in Policy and Legislative Advocacy

Tuesday, June 21, 2022
1:00-2:30 PM (EST)



The [webinar](#), presented by Monica Bryant, Esq., will provide insider's tips for how to engage in legislative and policy advocacy and how to leverage these skills on behalf of the cancer Community. [Click for info](#).

[Patti Robinson Kaufmann First Connection®](#)

If you or a loved one has been newly diagnosed with a blood cancer, the LLS has a first connection **peer support** program which allows newly diagnosed patients or caregivers to connect with someone who has gone through similar experiences. Go to www.lls.org for info.



Dragon Boat Club

Check out the dragon boat teams in your area. This is a fun way to stay fit and connect with other survivors, and as a bonus you will

get a low-impact cardiovascular workout. Click on links below to find more information about a club near you!

- [Baltimore Dragon Boat Club](#) @ Tide Point Marina
- [Annapolis Dragon Boat Club](#)
- [Washington DC Dragon Boat Club](#)

Online Resources

[CancerCare](#) – for helpful resources, info, online groups
[Leukemia & Lymphoma Society](#) – news, updates, live chat, community support, financial support options
[National Comprehensive Cancer Network](#) –patient and caregiver resources by topic, in various languages
[Ulman Fund for Young Adults](#) – [guidebook](#), social media, resources (including [scholarships](#)), [Q&A](#)
[Triage Cancer](#) *tiene varios recursos disponibles en español* as well as in [English](#) – videos, webinars, guides – on many different topics affecting you and your life.
[Nancy's List](#) has a helpful list of [integrative modalities](#) with brief definitions, and info on [financial resources](#).

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Financial Wellbeing Webinar Series



CCCSMD offers a series of unique and **FREE** web-based financial literacy [workshops](#) all through May, directed towards increasing the economic strength of communities and individuals. Click on [workshops](#) to learn more about the different topics offered.

Check out the CCCSMD [website](#), or call 1-800-642-2227 to speak to a Financial Advocate.

Looking for Support?

For information from our Cancer Support Colleagues who provide programs at **no charge**:

[Wellness House](#) of Annapolis – 410-990-0941
admin@annapoliswellnesshouse.org

Also offers free, short-term counseling to members

[Hope Connections](#) – 240-714-4744
info@hopeconnectionsforcancer.org

[HopeWell Cancer Support](#) – 410-832-2719
info@hopewellcancersupport.org

[Smith Center](#) for Healing and the Arts – 202-483-8600
info@smithcenter.org – see programs for [June Claudia Mayer/Tina Broccolino Cancer Resource](#) Center – [Email](#) Chris or call 410-740-5858

Our Cancer Support colleagues offer **virtual support groups** for [men](#), women, young people, [caregivers](#), [newly diagnosed](#), [advanced cancer](#), readers, [knitters](#), those interested in [energy balancing](#), [Qigong](#), [head and neck](#) cancer, and by [disease group](#)! Click the links for info about these & more!

We are here to help!

Short term counseling, advanced directive consultation, spiritual support, & resources.

Call 410-955-8934

The Harry J. Duffey

Patient & Family Services Program

Licensed clinical social workers, chaplains, and housing resources during your treatment, support and guidance.

To submit announcements for *Living with Cancer* or if you have questions, please [email](#) the LWC Newsletter editors by clicking this [link](#)! Or call 410-955-5842.



New Normal / Newly Diagnosed Support Group

Tuesday's at 6:30pm

"It's helpful to hear others' feelings as well as their tips," said a person in a recent support group. Beginning **May 31, at 6:30 pm**, there will be a 4-week **online** support group series for those diagnosed with cancer within 6 months.

Contact Stephanie Stern at 240-292-6757 or email stephanie@hopeconnectionsforcancer.org for details on how to join.

"That Awkward Moment"

When cancer impacts sex, your
body and relationships –

For young adults (under 45)

Monday, June 27, 7:00-8:30 PM



House Calls Speaker: [Sage Bolte](#), PhD, LCSW, CST

Cancer affects many aspects of life that are often not addressed by your health care team – including body image, sexual health and intimacy. Sage Bolte is a nationally recognized expert on the topic and a wonderfully approachable person. She will also address questions and comments from the online audience. [Email](#) [HopeWell Cancer Support](#) to register for this online class, or for more info.

"Living Well Beyond Cancer"

Thursday, June 23, 6:30-7:30 PM

Patricia Horning, PT, DPT, CLT,
CDNT, a physical therapist, will

discuss how cancer rehabilitation may assist in managing pain, fatigue, weakness, and neuropathy. She will discuss strategies to prepare for treatment, how to stay strong during your cancer journey, and get back to your family, job and the things you care about most.



Email stephanie@hopeconnectionsforcancer.org or call 240-292-6757 to join this online seminar.