



Living with Cancer Resources & Support

June 2023

Published by The Harry J. Duffey Family Patient & Family Services Program
Sidney Kimmel Comprehensive Cancer Center, The Johns Hopkins Hospital

If you have a printed copy of this newsletter and would like an electronic copy with web links to the resources, please call 410-502-1500 or 410-955-8934.

National Cancer Survivors Day!

You are a survivor from the day of your diagnosis! All of us at the Johns Hopkins SKCCC celebrate you and your caregivers this year, with a video created by our staff which you can view with a single click! *We are cheering you on - each and every day and thank you for allowing us to partner in your care!*



To Mask or Not to Mask!

Wednesday, June 28, 2023
6:00-7:00pm – Virtual – Free
Dr. Panagis Galiatsatos, Speaker
From HopeWell Happenings

Email or call 410-832-2719 to register for this timely and informative session with “Dr. P”, a respected pulmonary and critical care doctor at Johns Hopkins. Time will be allowed for your questions as well!

Raising Children, Facing Cancer

Sun, June 11, 2023 – 1:00pm – 2:00pm
Wed, June 28, 2023 – 7:30pm-8:30pm
Danielle Eichner, Facilitator
From Hopewell Happenings



This **virtual** networking group gives an opportunity to connect with other parents and share the challenges of dealing with cancer while raising your family. Two times to choose from! Email or call 410-832-2719 to register, and receive info on other classes & groups.

Spotlight on Peer-to-Peer Support

A number of trusted, proven peer support programs are available to you, including those provided by:

- ✓ [American Cancer Society](#)®
- ✓ [Cancer Hope Network](#)
- ✓ [Colorectal Cancer Alliance](#)
- ✓ [Friend for Life](#)
- ✓ [Imerman Angels](#)
- ✓ [Leukemia & Lymphoma Society](#)®
- ✓ [Lung Cancer Alliance Phone Buddy Program](#)
- ✓ [PanCAN – Pancreatic Cancer Action Network](#)
- ✓ [Woman to Woman](#) - Johns Hopkins GYN Oncology
- ✓ [Claudia Mayer/Tina Broccolino](#) Cancer Resource Center at Johns Hopkins in Howard County



13th Annual Conference on Work & Cancer



Friday, June 23, 2023
8:30am-5:00pm – FREE!

The day will be filled with speakers – all by Zoom or call-in – for survivors and caregivers, and for nurses, social workers and HR professionals (CEs given). Click for more info and to register.



Call 410-955-8934 for help with an **advance directive**, or to understand its role in your health care. *You may also download*

your state's document and find tips for discussing your wishes with family and/or your doctors.

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**Johns Hopkins
Kimmel Cancer
Center / National
Capital Region**

offers free, diagnosis-specific [support groups](#), [yoga](#), [meditation](#) and more – these are **free and open to all**. Plus, many are virtual (Zoom). [Click here](#) or email CancerSupportNCR@jhmi.edu to find out more!

A speech-language pathologist leads a monthly [SPOHNC](#) support group via Zoom for people with oral and head and neck cancer. [Click](#) for more info.

[Johns Hopkins Breast Health Services](#) offers support groups led by patient navigators, specifically for [early stage](#) young women, those with [metastatic](#) cancer and [early stage over 50](#).

Looking for Support?

For information from our Cancer Support Colleagues who provide support groups and other programs at **no charge**:



[Wellness House](#) of Annapolis – 410-990-0941
admin@annapoliswellnesshouse.org

[Hope Connections](#) – 301-634-7500
info@hopeconnectionsforcancer.org

[HopeWell Cancer Support](#) – 410-832-2719
info@hopewellcancersupport.org
[Sign up](#) to receive *HopeWell Happenings* newsletter!

[Smith Center](#) for Healing and the Arts – 202-483-8600
info@smithcenter.org – check [June](#) programs.

[Claudia Mayer/Tina Broccolino Cancer Resource](#) Center
[Email](#) Chris or call 410-740-5858

[Ulman Foundation](#) – 410-964-0202 - [Email](#) - resources online & in person for young adults and adolescents

If you received this newsletter from a friend and would like to sign up to get it sent monthly to your email inbox, call 410-502-1500 or scan this QR code for the signup form!



[Image Recovery Centers](#)® ...

... were founded by a [survivor](#) for survivors, with a sincere desire to help anyone whose appearance and self-esteem are affected while undergoing cancer treatment. [Email](#) for more information or check for [locations](#) near you, in Maryland, New Jersey and Pennsylvania, including at [Johns Hopkins](#). Each Center also offers professional fittings for wigs and post-mastectomy products, and accepts most major insurance plans for eligible products.



[Cancer & Disability Insurance](#)

**Wed, June 21, 2023
11:30am-1:00pm (EST)**

This free webinar will explore potential options for those who need to take time off from work after a cancer diagnosis (including options for caregivers). [Register now](#).

[CancerCare](#) – for helpful resources, info, online groups
[National Comprehensive Cancer Network](#) – patient and caregiver resources by topic, in various languages
[PanCAN](#) – Pancreatic Cancer Action Network – free info and one-on-one support to patients & caregivers
[Triage Cancer](#) *tiene varios recursos disponibles en Español* as well as in [English](#) – videos, webinars, guides – on many different topics affecting you and your life
[American Cancer Society](#) – Call for support through “online chat” or by phone 1-800-227-2345, as well as resources and materials to download.
[Leukemia & Lymphoma Society](#) offers [peer support](#) as well as other resources, including a one-time [\\$100 stipend](#) to cover non-medical expenses.
[Greenberg Bladder Institute](#) at Johns Hopkins offers [recordings](#) of past “virtual grand rounds” as well as educational monthly sessions for [women only](#).



[Baltimore Hope Lodge](#) is a home away from home for cancer survivors (in treatment) and their care providers - a free service provided by

[American Cancer Society](#). You may call 410-547-2522 for details (or 410-614-6527 if you are a Johns Hopkins Hospital patient).