



Living with Cancer Resources & Support

May 2025

Published by The Harry J. Duffey Family Patient & Family Services Program
Sidney Kimmel Comprehensive Cancer Center, The Johns Hopkins Hospital

If you have a printed copy of this newsletter and would like an electronic copy with direct web links to the resources, please call 410-955-8934.

Focus on Advance Care Planning!

April 16 was [National Healthcare Decisions Day](#) ... but that was not the only day to address this important document. You can name the person you would like to make medical decisions for you, if you were not able to do so your-self, and you can direct the kinds of treatments you would want if you were unable to speak for yourself.

- **Everyone age 18+ needs an Advance Directive.**
- You do not need an Attorney to complete the document.
- You do not need a Notary to sign in [Maryland](#).
- You can change your Advance Directive any time.
- Maryland provides an [electronic](#) version.



Download [your state's document](#) (click for [Maryland](#)) and find [tips](#) for talking about your care wishes with your family or medical team.

You may also call 410-955-8934 for assistance.

We are here to support you!

Call 410-955-8934

[The Harry J. Duffey Family Patient & Family Services Program](#)

Licensed clinical [social workers, chaplains, housing resources, transportation info, support and guidance](#) - in person or by telephone.

To submit announcements for *Living with Cancer* or if you have questions, please [email](#) the LWC Newsletter editor.



This [non-profit](#) was founded by a cancer survivor and focuses on easing the financial and emotional strain of cancer, raising melanoma awareness, and spreading the gift of hope. [Kelly's Dream](#) provides [grants up to \\$300/year](#) for non-medical costs of cancer treatment - for example, transportation to/from treatment, food, childcare, utilities, or other expenses. The [application](#) is online.



Experienced [professional social workers, healthcare chaplains](#) and other [caring staff](#) are just a phone call away for Johns Hopkins cancer patients and caregivers, including short term counseling as you adjust to life as a person with cancer, and/or caregiving for a loved one with cancer. Support is offered in person or remotely by phone or Zoom – call 410-955-8934 for assistance for JHH East Baltimore, 202-537-4105 in the NCR, and 410-550-0296 at JHH Bayview.



Cancer Research Awareness

[Dr. Nilo Azad](#), Associate Director, Cancer Research, Kimmel Cancer Center at Johns Hopkins - **Wednesday, May 14, 6:00 pm**

[Register](#) for this free webinar sponsored by SKCCC [Community Outreach and Engagement](#) if you want to hear more about advances in research and treatment from this engaging and compassionate oncologist. [Email](#) to receive notices of future speakers.

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Genetics and Your Family History

[Joann N. Bodurtha](#), MD, MPH, speaker

[Zoom Video](#) or [Audio](#) Presentation

Passcode for both: 5aT8bw=h

(Skip ahead "9 minutes" for her talk.)



As part of the series of [Community Calls](#) sponsored by [Medicine for the Greater Good](#), this respected geneticist and JHU medical faculty discusses all things genetics and family history. Dr. Bodurtha gives guidance on how to discuss one's genes in the context of overall health and well-being as well as in association with certain diseases.



A Cancer Patient's Journey

Charles Jewett, interviewed by
Stephanie Heffron, Towson University

Wednesday, May 14, 6:30 – 7:30 pm

Join this online discussion and [Zoom Support Group](#) (click for link), featuring a laryngeal cancer survivor (since 2021), speaking about his surgeries and therapies, setbacks and successes, and learning to work with medical team members.

Click on the [SPOHNC link](#) for the local Facebook page. For more info, or to be added to the local



SPOHNC support group list, [email your request](#).



Connect with someone who cares!

The **M.A.P.S.** [mentorship](#) program is for all persons with cancer and those who support them. **Many of you have already taken advantage of this free**

support! So whether you are seeking support as an adult cancer patient or caregiver ... or you would like a way to provide support as a trained mentor to another person affected by cancer, whether a survivor or caregiver, the [M.A.P.S.](#) program, approved and sponsored by The Johns Hopkins Sidney Kimmel Cancer Center, is for you!



Sign up by scanning the QR, calling 1-877-HOPENET, or at [Hopkins.org/MAPS](#).

[Survivorship 101: What Comes Next?](#)

Wed, May 21, 5:00-6:00 pm, virtual and in person
Conference Room, 1st Floor, [Tate Cancer Center](#)
UM Baltimore Washington Medical Center
305 Hospital Dr, Glen Burnie, MD

Led by [Kai Andrews, CRNP](#), Nurse Practitioner

This session will focus on life after cancer treatment, including the "new normal" and emotional and physical changes that may follow. Please [register](#) with a [click](#) to attend **virtually** or **in person**. (Other upcoming [monthly survivorship sessions](#) are free and open to the public and some may be offered virtually.) For questions contact Lyndsey Griffin by [email](#) or at 410-595-1504.

Resources, Webinars and Support Groups are just a [click](#) away on the JH/SKCCC [website](#). Check out the 2025 list for free support groups, classes and webinars. [Johns Hopkins Kimmel Cancer Center in the D.C. Region](#) offers support groups as well as yoga, meditation & more. [Email](#) for details.

Calling All Men Impacted by Cancer!

Rethinking Cancer Amongst Men

Thursday, May 8 – 6:00-8:00 pm

HopeWell Cancer Support

10628 Falls Rd, Lutherville MD



Survivor, caregiver, or in treatment, [Hopewell Cancer Support](#) invites you to help shape new resources and support provided by this non-profit for men. [Click](#) to sign up for this in person informal conversation with other persons who understand what it means to live with and around cancer.

[Improving Quality of Life with Palliative Care](#)

[KarriAnn Boanca, MD](#), Speaker – for women only

Wednesday, May 7, 4:00-5:00pm – by Zoom

As part of the 2025 [Women with Bladder Cancer](#) Educational Series, Dr. Boanca, a palliative medicine physician, will clarify the meaning of palliative care, especially regarding managing pain and neuropathy, and what happens when there are no curative cancer treatment options. [Register](#) to receive the Zoom link.

Remember!

You are a survivor from the day of your diagnosis.