

Living with Cancer Resources & Support June 2025

Published by The Harry J. Duffey Family Patient & Family Services Program Sidney Kimmel Comprehensive Cancer Center, The Johns Hopkins Hospital If you have a printed copy of this newsletter and would like an electronic copy with direct web links to the resources, please call 410-955-8934.

Cancer Matters with Dr. Bill Nelson – Immunology Research



<u>Dr. Nelson</u>, Director of the Kimmel Cancer Center at Johns Hopkins, talks to <u>Dr. Drew Pardoll</u> about the field of cancer immunology in this <u>15-minute audio recording</u>. They explain how cancer cells use "checkpoints" to turn off immune response and speak to research to block these checkpoints and reengage the immune system to benefit patients.

We are here to support you!

Call 410-955-8934

The Harry J. Duffey Family
Patient & Family Services Program

Licensed clinical <u>social workers, chaplains,</u> <u>housing resources, transportation info, support and</u> <u>guidance</u> - in person or by telephone.

To submit announcements for *Living with Cancer* or if you have questions, please email the LWC Newsletter editor.

Remember!
You are a survivor
From the day of your diagnosis!

Why Should I Consider a Clinical Trial?

Presenters: Colin Weekes, MD, PhD, FASCO
Tiffany Colvin, CCRP (Fred Hutchinson Cancer Ctr)
Ann Fish-Steagall, RN, BSN, LUNGevity Pt Advocate

Listen to experts in this free, pre-recorded 1¼ hour webinar from NCCN to learn about clinical trials and how you can join one. The webinar will help you understand:



- The purpose of a clinical trial.
- The role of clinical trials in cancer treatment.
- How to access clinical trials and decide if a clinical trial may be right for you.

You may also download a <u>handout</u> about clinical trials to learn more. Many other <u>resources</u> are available on the NCCN website.

Finding the Right Clinical Trial for You

ACTS is a new tool to guide you in identifying the right clinical trial, navigating you





treatment options, and accessing the support you need. Sign up or call 1-800-227-2345 for help.

Resources, Webinars and Support Groups are just a click away on the JH/SKCCC website. Check out the 2025 list for free support groups, classes and webinars. Johns Hopkins Kimmel Cancer Center in the D.C. Region offers support groups as well as yoga, meditation & more. Email for details.

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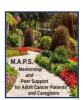
Focus on Advance Care Planning!

- Everyone age 18+ needs an Advance Directive to name the person you would like to make medical decisions for you if you cannot.
- You do not need an Attorney to complete the document.
- In Maryland you do not need a Notary to sign.
- You can change an Advance Directive anytime.
- Maryland provides an electronic version.

Download your state's document (click here for Maryland) and find tips for talking about your care wishes with your family or medical team. You may also call 410-955-8934 for assistance.

Tools for Embracing the Unknown: Managing Uncertainty & Anxiety in Cancer Wednesday, June 11, 6:00 - 7:30 pm **Hope Connections for Cancer Support** (Click to see other free workshops and presentations.)

Join this free virtual (online) discussion which will explore practical tools and strategies for managing the anxiety that often come with a cancer diagnosis and treatment, whether you are a patient, survivor, caregiver or loved one. Click to register.



Connect with someone who cares! The M.A.P.S. mentorship program is for all persons with cancer and those who support them. Many of you have already taken advantage of this free

support! So whether you are seeking support as an adult cancer patient or caregiver ... or you would like a way to provide support as a trained mentor to another person affected by cancer, whether a survivor or caregiver, the M.A.P.S. program, approved and sponsored by The Johns Hopkins Sidney Kimmel Cancer Center, is for you!



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The Power of Survivorship: A Story of Strength and Resilience Shondia Sabari, Speaker Wednesday, June 11, 6:00 pm EST

The wife of a retired military officer, a mother of two, a breast cancer survivor, a dynamic speaker and director of Bold & Breastless, Inc., Shondia is passionate about uplifting and educating breast cancer patients and survivors. She has been featured in a number of national publications. Register for this free presentation, sponsored by **SKCCC Community Outreach and Engagement.**



Patients and Survivors of Esophageal Cancer will be Honored at a Community **Outreach Event!**

Saturday, June 21, 10:00 am-1:00 pm CAKE™ SHOP - 47 E. Padonia Rd, Timonium MD

Come by this local bakery for a free cupcake and information about esophageal cancer prevention and screening, featuring Stephen Yang, MD of The Johns Hopkins Division of Thoracic Surgery, who will be present to talk with you and answer your questions.



Chemo Effects and Management: The Pharmacist's Role Kelli Rourke, PharmD, Speaker For women only – Zoom webinar Wednesday, June 4, 4:00-5:00pm

As part of the 2025 Women with Bladder Cancer Educational Series, Dr. Rourke, a clinical pharmacy specialist, will speak about cold caps, bone density, neuropathy, oral and infused therapies as well as the role of the pharmacist. Register to receive Zoom link.

HopeWell Cancer Support Ravens Raffle!

Support this non-profit by purchasing \$30 raffle tickets to win 4 season tix for the Ravens (Section 111, Row 37, Seats 1-4) plus a parking pass for Lot



G, or buy 4 tickets for \$100. Drawing will be July 31 you do not have to be present to win. (Or you can take the cash option of \$2500 instead of tix.) Click to purchase raffle tickets.