

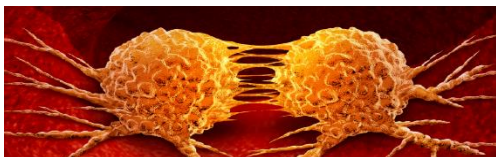


Living with Cancer Resources & Support

July 2025

Published by The Harry J. Duffey Family Patient & Family Services Program
 Sidney Kimmel Comprehensive Cancer Center, The Johns Hopkins Hospital
*If you have a printed copy of this newsletter and would like an electronic copy with
 direct web links to the resources, please call 410-955-8934.*

Cancer Matters Podcast



Introduced by Katie Couric, Dr. Bill Nelson speaks with Dr. Andrew Ewald about [Cancer Metastasis](#) and how cancer cells spread throughout the body (18 minute recording).

We are here to support you!

Call 410-955-8934

**The Harry J. Duffey Family
Patient & Family Services Program**

Licensed clinical [social workers, chaplains,
housing resources, transportation info, support and
guidance](#) - in person or by telephone.

To submit announcements for *Living with Cancer* or if you have questions, please [email](#) the LWC Newsletter editor.

HopeWell Cancer Support Ravens Raffle!

Support this non-profit by purchasing \$30 [raffle tickets](#) to win 4 season tix for the Ravens (Section 111, Row 37, Seats 1-4) & a parking pass for Lot G. (Or you can buy 4 raffle tickets for \$100). Drawing will be July 31 - you do not have to be present to win. (Or the winner can take the cash option of \$2500 instead of season tix.) [Click to purchase raffle tickets.](#)



Survivorship Workbook: Navigating Life During & After a Blood Cancer Diagnosis



LEUKEMIA &
LYMPHOMA
SOCIETY

Use the [free workbook](#) to collect all the important info you need throughout diagnosis, treatment, follow up care and long-term management. You can take the workbook to appointments and fill out worksheets and tables. Three versions are available: for Adults, Young Adults, and Children/Adolescents. [Spanish](#) available.

What You Should Know About Blood Cancers and Why It Matters

Dr. Amy DeZern, MD, MHS, speaker
 Wednesday, July 9 – 6:00-7:00 pm

[SKCCC Community Outreach and Engagement](#)



[Dr. DeZern](#) is very respected as a researcher, clinician and Professor of Oncology and Medicine at The Johns Hopkins University School of Medicine, with a specialty in the diagnosis and treatment of blood cancers, including bone marrow transplantation. [Click](#) to receive the Zoom link.

Resources, Webinars and Support Group options are a [click](#) away on the JH/SKCCC [website](#). Check out the 2025 list for free support groups, classes and webinars. View the [2025 SKCCC Cancer Survivors Day video](#) and you may catch a glimpse of a friend!

Living with Cancer Resources & Support July 2025

Looking Ahead ...

Survivorship: Stronger & Healthier Together Tuesdays, Oct 7-Nov 11 | 5-6:30 pm



This 6-week, **virtual** education series is for those who have finished treatment in the past two years (radiation, surgery, chemo), featuring speakers on nutrition, stress management, exercise, emotional health, lymphedema, and side effects management.

[Email](#) or call Pam at 202-243-2310 with questions.

[Johns Hopkins Kimmel Cancer Center in the D.C. Region](#) offers many free support groups as well as yoga, meditation & more. [Email](#) for details.



SPOHNC National Update

Mary Ann Caputo, Executive Director

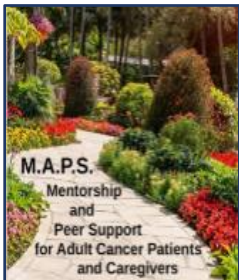
Wednesday, July 9, 6:30 – 7:30 pm

Join the discussion and [Zoom Support Group](#) (click for link) for people with **Oral and**

Head and Neck Cancer. Click on [SPOHNC link](#) for the local Facebook page. For info, or to be added to the local **SPOHNC** support group list, [email your request](#).



Connect with someone who cares!



The **M.A.P.S. mentorship** program is for all persons with cancer and those who support them. **Many of you have already taken advantage of this free support!** So whether you are seeking support as an adult cancer patient or caregiver ... or

you would like a way to provide support as a trained mentor to another person affected by cancer, whether a survivor or caregiver, the [M.A.P.S.](#) program, approved and sponsored by The Johns Hopkins Sidney Kimmel Cancer Center, is for you!



Sign up by scanning the QR, calling 1-877-HOPENET, or at Hopkins.org/MAPS.

HOPEWELL'S SUMMER YOUTH RETREAT

Saturday, July 26, 9:00 am – 5:00 pm

For Youth Ages 5-17 – Peer Support, Arts & Crafts, Outdoor Activities, Group Discussions, and more

This [free retreat](#) at [HopeWell Cancer Support](#), 10628 Falls Rd, Lutherville MD, offers a safe space to share, connect, learn and grow while making memories in an environment where young people can express themselves freely and find support. Breakfast and lunch will be provided, as well as breakfast in the Main House for parents/adults after drop off. [Click to see the full schedule and to register no later than July 11.](#) Call 410-832-2719 if you have questions.

Spirituality and Coping with Cancer

Many people access the [resources](#) of their faith or spirituality to cope with a cancer diagnosis and treatment as well as for practical support. Some faith groups offer in-person or Zoom support groups, for instance. Many cancer centers, including Johns Hopkins, have trained interfaith [chaplains](#) to support you and your caregivers.



A sampling of religious/spiritual resources include:

[Baltimore Cancer Support Group, Inc.](#) – Offers groups at churches in Westminster and Baltimore
[Muslim Cancer Support](#) – 501(c)(3) based in NC
[St Joseph Catholic support](#) – Eldersburg, MD
[St. Peter Catholic](#) – West Brandywine, PA
[Cancer Companions](#) – Traditional Christian focus
[Sharsheret](#) – National Jewish support organization
[Bikur Cholim of Baltimore](#) – Practical support for Jewish patients and families (in many locales)



Experienced [professional social workers, healthcare chaplains](#) and other [caring staff](#) are just a phone call away for Johns Hopkins cancer patients and caregivers, including short term counseling as you adjust to life as a person with cancer, and/or caregiving for a loved one with cancer. Support is offered in person or remotely by phone or Zoom – call 410-955-8934 for assistance for JHH East Baltimore, 202-537-4105 in the NCR, and 410-550-0296 at JHH Bayview.