



Living with Cancer Resources & Support

October 2025

Published by The Harry J. Duffey Family Patient & Family Services Program
Sidney Kimmel Comprehensive Cancer Center, The Johns Hopkins Hospital

If you have a printed copy of this newsletter and would like an electronic copy with direct web links to the resources, please call 410-955-8934.

October is Breast Cancer Awareness Month



Resources and Support at Johns Hopkins Kimmel Cancer Center

If you are a SKCCC inpatient or outpatient, social workers and other support persons are available to support and advise you.

[Tambra Chisolm](#) LCSW-C is at Green

Spring Station, and [Aja Lecointe Wilkinson](#) LMSW is on the Baltimore campus -- in person or by phone. Click on their name to email, or call 410-955-8934.

Health educators with the Hopkins Oncology Breast and GYN Malignancies also offer support groups, resources and an e-newsletter for those with breast cancer. [Email Kate](#) for more information. [Jill Mull](#) works with [Tambra Chisolm](#) LCSW-C, the medical team at Green Springs and their patients.



Monday, October 13

6:00-8:00pm

Owens Auditorium in the Koch Cancer Research Building – 1550 Orleans
Johns Hopkins Baltimore

Take this opportunity to meet Johns Hopkins care providers as well as learn about patient resources. Hear from those who have had breast reconstruction surgery, as well as participate in Q&A with providers.



Scan the QR code to register, or [click here](#) to see the schedule and sign up.

Free Breast Cancer Education Workshops

[Triple Negative Breast Cancer & African American Women](#)

Thursday, October 16, 1:30-2:30pm



[Metastatic Triple Negative Breast Cancer: Strategies to Cope](#)

Wednesday, October 22, 1:30-2:30pm

[For Caregivers: Coping with the Stresses of Caregiving When Your Loved One Has Triple Negative Breast Cancer](#)

Wednesday, October 29, 1:30-2:30pm

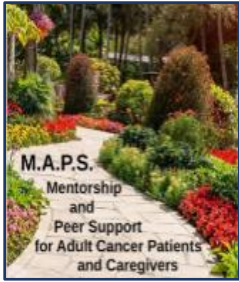
Click on each workshop title to see the speakers and to [register](#) for these virtual workshops. [CANCERcare](#) is a respected non-profit organization offering a variety of free services to those with many types of cancer as well as their loved ones. Please [register](#) as early as possible to secure your spot.

Johns Hopkins Medicine also offers a free online education resource for breast cancer survivorship, created by [Jenni Sheng, MD](#) and [Jill Mull](#), Community Outreach Program Advisor. [Create your WEBS account today!](#)

Resources, Webinars and Support Group options are a [click](#) away on the JH/SKCCC website. Check out the [2025 list](#) for free support groups, classes and webinars.

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Connect with someone who cares!



The **M.A.P.S. mentorship** program is for all persons with cancer and those who support them. **Caregivers may also become mentors to other caregivers!** If you are seeking support as an adult cancer patient or caregiver ... or if you would like to serve as a trained mentor to someone affected by cancer, survivor or caregiver, the **M.A.P.S.** program is for you, approved and sponsored by The Johns Hopkins Sidney Kimmel Cancer Center!



Sign up by scanning the QR, calling 1-877-HOPENET, or at Hopkins.org/MAPS.

Oral Care & Dental Issues after Treatment for Head & Neck Cancer Wed, Oct 8, 6:30-7:30pm Speaker: [Nadine Mirza DDS, MDSc](#)



Join us via [Zoom](#) for this presentation, including an open discussion/Q&A with Dr. Mirza. You may submit questions in advance by emailing [Kim Webster](#) as well as request to be on the monthly email list.



Sponsored by the local chapter of this [SPOHNC](#), with a [Baltimore Facebook](#) page.

Sarcomas: A Tough Cancer but with Promising Treatments – [Catherine Wilbur](#), MD - speaker Sponsored by [Medicine for the Greater Good](#)

[Watch](#) or [listen](#) to this presentation, facilitated by Dr. [Panagis Galiatsatos](#), during which Dr. Catherine Wilbur shares insight into this rare cancer, which can strike almost anywhere, anytime. Symptoms can be subtle to painful; treatments have advanced over the last decade, leading to better outcomes for patients. You must enter password – **vZ749hn**. – including the period – to hear/view. (Go to Minute 7 in the video to reach the presentation itself.)



Experienced [professional social workers, healthcare chaplains](#) and other [caring staff](#) are just a phone call away for Johns

Hopkins cancer patients and caregivers. Support is offered in person or by phone – call 410-955-8934 for assistance at JHH East Baltimore, 202-537-4105 in the NCR, and 410-550-0296 at JHH Bayview.

[Johns Hopkins Kimmel Cancer Center in the D.C. Region](#) offers many free support groups as well as yoga, meditation & more. [Email](#) for info.



[Claudia Mayer/Tina Broccolino Cancer Resource Center](#) at Howard County also offers groups and services. [Email](#) for info.



is now

Blood Cancer United

This **new name** of the non-profit reflects the full scope of the mission to cure [all blood cancers](#).

Make plans to attend the **free** in-person [Mid-Atlantic Blood Cancer Conference](#) on Saturday, **November 1, 9am-2:15pm**, at the [Bethesda \(Maryland\) North Marriott](#).

Parking also will be covered by the conference.

See more info, speakers and schedule at this [link](#).

Speakers, breakout workshops, exhibits, lunch and meeting other survivors will be offered. [Dr. Douglas Smith](#), MD of Johns Hopkins will be one of the speakers!

Survivorship: Stronger & Healthier Together Tuesdays, Oct 7-Nov 11 | 5-6:30 pm



The 6-week, **virtual** series is for survivors who have finished treatment in the past 2 years (radiation, surgery, chemo), and featuring speakers on nutrition, stress management, exercise, lymphedema, emotional health, and side effects management.

[Email](#) or call Pam (202-243-2310) to register now!

We are here to support you!

Call 410-955-8934

[The Harry J. Duffey Family Patient & Family Services Program](#)

Licensed clinical [social workers, chaplains, housing resources, transportation info, support and guidance](#) - in person or by telephone.

To submit announcements for *Living with Cancer* or if you have questions, please [email](#) the LWC Newsletter editor.